

HAKUNA MATATA DAY SPA



Closed on Mondays

Address: 42 Sheffield Rd, Nigel

Tel Nr: 011 739 5928

Email: janet@hakuna.co.za

Facebook: Hakuna Matata Day Spa

Banking details:

Standard bank, Heidelberg

Acc. Nr. 030928516



Sports Therapy:

Body massage Legs & Back	R 420.00
Back Neck and Shoulders	R 240.00
Legs	R 200.00
Reflexology	R 220.00
Foot / Calve massage	R 150.00
Detox foot bath	R 120.00



Mens's Corner:

Sports Manicure	R 130.00
Sports pedicure	R 160.00
Back Cleanse (deep cleansing, steam, exfoliation, massage)	R 300.00



Toning

Patricia Clarke -
Lose 18-80 cm Guaranteed 1st wrap!!

*Clinically proven by medical profession
Used by plastic surgeons. Contouring
anti-cellulite, firming toning body wrap,
G5 and Lymph Drainage(duration 2 hrs)*

R 500.00

Patricia Clarke Retail Gel R 350.00

Medi-Shape (Weight reduction clinic)

4 week kit	R 700.00
8 week kit	R 1,200.00

*(This includes a weekly visit to the clinic
for weigh-in/ measure up and trouble
shooting, to ensure maximum wellbeing
while being introduced to your new
lifesyle.)*

Sportsman's wax:

Legs	R 160.00
Chest	R 130.00
Back	R 130.00

Indian Head & Shoulder:

(fully clothed - oil or dry scalp) R 220.00

**Spoil someone special today. Gift
vouchers available**



ENVIRON COSMETICS FOR MEN

SHOWER GEL (top to toe)	R 165.00
DAILY MOISTURISER	R 320.00
SHAVING OIL	R 240.00



ENVIRON SPORTS FACIALS

**Enquire about our facials done with the
DF Iontopheresis and Sonopheresis machine**

Sports Facial	R 420.00
Skin Peel, including Alginate Mask	R 300.00
	R 450.00



The Chatterbox (our own Tea Garden)

Ass. Cans/ water	R 8.00
Serial Bars & choclote bars	R 7.00
Ass. Chips	R 5.00
Tea, Filter coffee/ Cinos	R 10.00
Muffins/ Scones	R 8.00
Muesli & Yoghurt	R 15.00
Ass. Sandwiches	R 15.00
Cake of the day (including coffee)	R 20.00